

FROM MANUEL ANTONIO

Minimum 2 passengers

MANUEL ANTONIO NATIONAL PARK

What can you say about someone experiencing Costa Rica's number one visitors' spot for the first time with THE Manuel Antonio specialist? It's just like experiencing Costa Rica for the first time -- absolutely unforgettable. Take a leisurely hike with a highly trained, well-educated Costa Rican naturalist guide through the exotic, bio-diverse tropical rain forest preserved in the 34 year old national treasure, Manuel Antonio National Park.

Departure: 7:00 am or 1:00 pm

Includes: transportation, bilingual guides and certified naturalists, entrance fee, snacks and refreshments after the tour right near the beach

What to bring: water, sun screen, camera, binoculars, and a towel

RACK RATE \$46.00 p/person

HORSEBACK RIDING TO TOCORI WATERFALLS

Enjoy learning about Costa Rica's exotic plants and rare wildlife as you ride through the tropical jungle and private ecological reserve at Tocori, just minutes away from Manuel Antonio. Let Don Gilberto and his family show you the real Costa Rica – on horseback! Once they pick you up the adventure in history and nature begins, starting with the Quepos Indians and leads you through the changes of Manuel Antonio today, which includes Iguana Tours. Enjoy learning about Costa Rica's exotic plants and rare wildlife as you ride through the tropical jungle and private ecological reserve at Tocori.

Departure: 8:00am or 1:00pm

Includes: round trip transportation, bilingual guides, all equipment needed, a hot lunch or dinner, snacks and refreshments

What to bring: comfortable clothes, long pants, bathing suit, towel, hat camera, bug spray, sun screen

RACK RATE \$64.00 p/person

ECOLOGICAL CANOPY

You've heard about Canopy Tours before, yet now you can experience the Iguana Tours difference with a Manuel Antonio specialist – day or night. The ecologically and educationally focused Canopy experience is geared towards a mix of adventure, nature and safety. Excellent for individuals, families, children 6 years old and over, or large groups, people of all ages will enjoy this adventure tour because of its variety, options and biodiversity.

Departure: 7:00am / 10:00am / 2:00pm

Includes: round trip transportation, bilingual guides and naturalists, all equipment needed, security, great snacks and refreshments

What to bring: comfortable clothes, wear good hiking boots or sturdy walking shoes, hat, camera, bug spray, sun screen, and binoculars

RACK RATE \$64.00 p/person

SEA KAYAK & SNORKEL

The adventure begins near the Pez Vela (Sail Fish) Marina in Quepos and winds along the Manuel Antonio coastline. Indulge yourself at a rare jewel of a beach – a hidden Manuel Antonio treasure at Biesanz Bay - for a refreshing swim and delicious local snacks. Feel free to have your bilingual guide direct you to the best snorkeling spots as you experience a small but growing, active, and astounding coral reef nestled close to the shore of Biesanz Bay. After an unforgettable experience at Biesanz, continue paddling towards Manuel Antonio National Park and wonder at the nearby nesting islands where exotic boobies and frigates call home year round. Ask your naturalist guide to steer you towards their favorite species' nesting spots and most popular locations for local aquatic marine life. And finally end your adventure with a relaxing yet rewarding lunch in typical Costa Rican flavor at a local "hot spot" restaurant before you return to your hotel.

Departure: Depends on the tides

Includes: Round trip transportation, bilingual guides, kayaks, equipment needed, security, a great hot meal, snacks and drinks

What to bring: comfortable clothes, bathing suit, towel, shoes that can get wet, hat, waterproof camera and bug spray

RACK RATE \$64.00 p/person

NARANJO WHITEWATER RAFTING (Class III and IV)

For more experienced rafters, the Naranjo River runs from April to December and is a consistently adrenaline-pumping Class III and IV wild ride. The wild and ever-changing Naranjo River White Water Rafting challenge is recommended for physically fit adventure seekers and experienced rafters who are familiar with Class III and IV rapids. On this high-octane, half-day adventure, the trip begins when the Naranjo River drops steeply from the Costa Rican mountains and charges through pristine jungle gorges, then winds around rocky curves to take you on a wild, adventurous ride back to sea level waters. While your internationally trained, bilingual guides and safety kayakers work with you to navigate this exciting river, you'll pass by stunning farmland, working cattle ranches, and beautiful African Palm Plantations.

Departure: 7:00am or 1:00pm

Includes: transportation, bilingual guide, snacks and drinks

What to bring: shorts, bathing suit, tennis or sandals suitable for rafting, small towel, waterproof camera, sun screen and bug spray

RACK RATE \$64.00 p/person