

FROM ARENAL AREA

Minimum 2 passengers

ARENAL VOLCANO HIKING

The Arenal Volcano tour transports guests to the active northwest side of the volcano. The tour begins with a hike and depending upon which side of the volcano the lava is flowing, hike either to the trail "Los Tucanes" at the National Park or Mirador El Silencio. It is possible to observe a great variety of plants, wildlife, magnificent lava rock formations and the Arenal Lake just in time for sunset! During the tour, your experienced guide will provide interesting and educational information regarding the history of the majestic mountain and the Arenal Volcano National Park. The tour concludes with a relaxing stop at the mineral hot springs (optional). Note: Entrance to hot springs is not included.

Departure: 8:00am or 3:00pm from La Fortuna

Includes: comfortable transportation, bilingual naturalist guide, park fee and cold beverages

What to bring: shorts, swimsuit, camera and insect repellent

RACK RATE \$51.00 p/person

You can add optional entrance to the hot springs and dinner; just add the following supplements:

With Tabacon and dinner included

RACK RATE \$84.00 p/person

With Baldi and dinner included

RACK RATE \$40.00 p/person

With The Springs and dinner included

RACK RATE \$61.00 p/person

VENADO CAVES

For those that don't mind getting a little wet and muddy, this fascinating underground adventure, only 45 minutes from La Fortuna, will take you through narrow passages, incredible labyrinths and chambers where you will see the most famous rock formation named "La Papaya" and other stalactites and stalagmites that will surely astonish you. Also, you will see many spiders and bats which frequent these caves.

Departure: Variable

Includes: comfortable transportation, bilingual guide, flash light, helmet, and cold drinks

What to bring: comfortable clothes, comfortable shoes, insect repellent, extra clothes

RACK RATE \$69.00 p/person

NIGHT WALK

The night walk takes place at the EcoCentro Danaus a small reserve whose focus is conservation and education. A visit to the center at night will afford you the opportunity to see some of the areas more prominent nocturnal animals in action such as sloths, caimans, spiders, frogs, bats, butterflies and also the way these species interact with each other and the center's vegetation.

Departure: 5:30pm

Includes: transportation, guides, entrance fee and drinks

What to bring: hiking boots, insect repellent and long pants

RACK RATE \$66.00 p/person

HORSEBACK RIDING TO LA FORTUNA WATERFALL

This is a good combination of a horseback ride, a hike and a beautiful area. Trained horses will take you to the entrance of the waterfall through pastures, forests and over hills. The views of the Valley of San Carlos and the tropical forests that enclose it are spectacular. At the end of the road, you will leave the horses and will descend walking the natural trail to the base of the waterfall. This fantastic area is very quiet and is a special place to relax and swim for a while.

Departure: Variable

Includes: entrance to the waterfall, horses, local guide

What to bring: long pants, hiking shoes, towel, hat, sunscreen, swimsuit and camera

RACK RATE \$74.00 p/person

(Reduce \$10.00 if you want to do hiking instead of horseback)

HANGING BRIDGES

The Arenal Hanging Bridges tour takes place on a 600 acre reserve filled with lush vegetation and a variety of birds and animals which your experienced guide will help you spot. The trail itself is 1.9 miles (3.1 km) in length, crossing nine fixed bridges and 6 suspension bridges and is laid out at a maximum grade of 7 degrees so that anyone can walk it.

Departure: 8:00am or 1:00pm

Includes: transportation, naturalist guide and drinks

What to bring: comfortable clothing, hiking shoes, insect repellent, camera, binoculars, sunscreen (sunny days) or rain gear (rainy days)

RACK RATE \$60.00 p/person

CAÑO NEGRO WILDLIFE REFUGE BY BOAT

The Caño Negro Wildlife Refuge is considered one of the richest sites in the North American continent for the observation of birds. Besides the abundance of birds, Caño Negro is also refuge for many other animals like: sloths, monkeys, caimans, lizards, bats, and native flora of the wet lands. The tour to this beautiful region leaves from La Fortuna, driving for about an hour and a half until Los Chiles, which is a rustic little town close to the Nicaraguan border. It is here where you take the boat down the Río Frío for about three hours. From the beginning of the trip, your professional guide will explain each one of the plantations that you will see along the way, as well as the flora and fauna of the region.

Departure: 7:30am

Includes: comfortable transportation, bilingual naturalist guide, lunch, and cold drinks

What to bring: fresh and comfortable clothes, tennis shoes or sandals, camera, hat, binoculars, sunscreen

RACK RATE \$70.00 p/person

COMBINATION TOUR W/TABACON AND HANGING BRIDGES

This tour, which begins at 7:30am, gives you the opportunity, in a single day, to sample the attractions that have made the Arenal region famous. To start the tour, you will visit the hanging bridges consisting of a hike on a 1.9 mile (3.1 km) trail on which you can enjoy the rainforests flora and fauna. The trail crosses nine fixed bridges and six suspension bridges and is laid out at a maximum grade of seven degrees so that anyone can walk it. Your next stop is the La Fortuna Waterfall. From the trailhead you will hike approximately 15 minutes before reaching this majestic waterfall where you can swim or just enjoy its beauty. Lunch is next at the Lava Rocks Restaurant. Following lunch you'll have some free time to rest until 3:00pm before embarking on the volcano hike. We will choose one of several trails depending on which side of the volcano the lava is coming down and on all the trails you will see a wide variety of plants and wildlife. On the Tucanes trail you will have the opportunity to walk on a lava flow and on all the trails at the end of the hike you will watch the sunset, waiting until dark in hopes of seeing and hearing the glowing chunks of lava tumbling down the side of the mountain, a sight you won't soon forget. You'll end the day with your choice of a relaxing dip in the world-famous Tabacón Hot Springs followed by a buffet dinner or a visit to Baldi Hot Springs followed by a buffet dinner.

Prices with Tabacón Hot Springs

RACK RATE \$215.00

Prices with Baldí Hot Springs

RACK RATE \$171.00

Departure: 7:30am from La Fortuna

Includes: comfortable transportation and entrance fees, naturalist guide, lunch, dinner, cold drinks and equipment

What to bring: comfortable clothing, hiking shoes, insect repellent, bathing suit, camera and binoculars

Places to visit: Arenal Hanging Bridges, La Fortuna Waterfall, Arenal Volcano and Tabacón Hot Springs or Baldi Hot Springs

ENTRANCE TO THE HOT SPRINGS

Departure from the hotel to the Hot Springs, relax and enjoy the thermal waters. Buffet lunch or dinner will be served in the restaurant. At the convenient time, transfer back to your hotel.

Departure: Variable

Duration: 4:00hrs

What to bring: sandals, hat, towels, bathing suit, sun block, repellent and camera

Includes: round transportation, entrance fees, lunch or dinner

Prices with Tabacon Hot Springs

RACK RATE \$130.00

Prices with Baldí Hot Springs

RACK RATE \$75.00

KAYAKING AT THE ARENAL LAKE

Depart from La Fortuna at 8:00am or 1:30pm to enjoy a pleasant morning of kayaking on Lake Arenal and breathtaking views of the Arenal Volcano. On your trip you may observe different species of birds like the "Flycatcher", "Kingfisher", "Great Blue Heron" and "Aninga" and may also possibly hear the howler monkeys!

Departure: 8:00am

Includes: comfortable transportation, kayak, life jacket, oars, tropical fruit snack, beverages, and bilingual naturalist guide

What to bring: bathing suit, strap sandals, and sun block and waterproof camera

RACK RATE \$44.00

HIKING TO CELESTE RIVER

Leave early in route to Rio Celeste, we'll arrive at the Tenorio Volcano National Park, to begin a 5 mile hike (approximately 4 hours) through the tropical rain forest. Arrive at "Los Teñideros" of the Rio Celeste, the site where two streams of crystalline water come together and form the heavenly color blue that gives the river its name. Return through trails rich with ecological wonders, which lead to "ollas", openings in the earth. Take a dip in the natural hot springs while observing the attractions of Tenorio Volcano. Continue the hike through the jungle to seek out the volcano's furnace vents that expel gases of extremely high temperatures. During the decent, see the spectacular Rio Celeste Waterfall; its color makes it one of a kind! The final reward is an included lunch at the end of the journey.

Departure: 8:00am from La Fortuna

Included: transportation, naturalist guide, beverages, lunch and entrance fee to park

What to bring: long pants, hiking shoes, insect repellent, camera and binoculars

RACK RATE \$109.00

SAFARI FLOAT TRIP ON THE PEÑAS BLANCAS RIVER

Experience the peacefulness of the forest traveling on Peñas Blancas River, with the opportunity to observe many animals like: monkeys, sloths, iguanas, tortoises, crocodiles, and several types of birds. The boat does not have motor, this way you will enjoy of the journey quietly rowing and taking photos, while you enjoy tropical fruits without disturb the animals. This tour is accompanied by experienced naturalist, who explains many fascinating details about trees, plants, birds and other animals. This is a half-day tour especially designed for people with the limited amount time.

Departure: 8:00 am or 1:00pm

Includes: comfortable transport, bilingual naturalist guide, snacks and cold drinks

What to bring: short pants, bathing suit, camera, binoculars, sunscreen, insect repellent

RACK RATE \$50.00